

Lunch orders must be placed online through Lunch Direct by **Wednesday** for the following week.

# MARCH 2025

## HOLY SPIRIT EPISCOPAL SCHOOL

Lunches Provided By:  
**Roadrunner Foods**  
 (p) 281-565-7902  
[www.RoadrunnerFoodService.com](http://www.RoadrunnerFoodService.com)

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

3

Chicken Teriyaki Fried Rice w/ Mixed Vegetables  
 Organic Green Beans  
 Hawaiian Roll  
 Organic Seasonal Fresh Fruit  
 V: Teriyaki Fried Rice w/ Mixed Veggies & Veggie "Chicken"

4

**Breakfast For Lunch!**

French Toast Sticks w/ Syrup  
 Turkey Sausage Patty  
 Breakfast Potatoes  
 Organic Seasonal Fresh Fruit  
 V: Veggie Sausage Patty

5

Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli Bits  
 Organic Crinkle Cut Carrots  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Bow Tie Pasta w/ Veggie Chicken

6

Crispy Chicken Sandwich  
 Organic Buttered Corn  
 Cheesy Pasta Shells  
 Organic Seasonal Fresh Fruit  
 V: Veggie "Chicken" Sandwich

7

Oven Baked Cheese Pizza  
 Organic Sweet Peas  
 Cinnamon Baked Apples

**EC OPEN ONLY  
 SPRING BREAK**

10

Oven Baked Fish Sticks  
 Mashed Potatoes  
 Organic Mixed Vegetables  
 Cinnamon Baked Peaches  
 V: Veggie Nuggets

**EC OPEN ONLY  
 SPRING BREAK**

11

Ground Beef Sloppy Joe  
 Organic Buttered Corn  
 Baked Tater Tots  
 Organic Seasonal Fresh Fruit  
 V: Veggie "Meat" Sloppy Joe



12

**Spring Break**



13

17

Grilled Chicken Penne Pasta in a Creamy Marinara Sauce  
 Organic Peas & Diced Carrots Blend  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Penne Pasta w/ Marinara Sauce

18

**Breakfast For Lunch!**

Mini Buttermilk Pancakes w/ Syrup  
 Turkey Sausage Patty  
 Breakfast Potatoes  
 Organic Seasonal Fresh Fruit  
 V: Veggie Sausage Patty

19

Oven Baked Chicken Tenders  
 Organic Mixed Vegetables  
 Steamed White Rice w/ Gravy  
 Organic Seasonal Fresh Fruit  
 V: Veggie Nuggets

20

Beef Burger w/ Cheddar Cheese  
 Organic Sweet Peas  
 Baked Tater Tots  
 Organic Seasonal Fresh Fruit  
 V: Veggie Burger

21

Oven Baked Cheese Pizza  
 Organic Buttered Corn  
 Cinnamon Baked Apples

24

Cheesy Pasta Shells w/ Grilled Chicken  
 Organic Green Beans  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Cheesy Pasta Shells

25

Ground Beef Soft Taco w/ Monterey Jack Cheese  
 Cilantro Lime Rice  
 Refried Beans  
 Organic Seasonal Fresh Fruit  
 V: Bean & Cheese Taco

26

Oven Baked Fish Sticks  
 Mashed Potatoes  
 Organic Peas & Diced Carrots Blend  
 Cinnamon Baked Peaches  
 V: Veggie Nuggets

27

Sliced Baked Chicken Breast over Steamed White Rice w/ Gravy  
 Organic Crinkle Cut Carrots  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Veggie Nuggets

28

Oven Baked Cheese Pizza  
 Organic Mixed Vegetables  
 Cinnamon Baked Apples

31

Penne Pasta w/ Beef Meat Sauce  
 Organic Buttered Corn  
 Dinner Roll  
 Organic Seasonal Fresh Fruit  
 V: Penne Pasta w/ Marinara Sauce

**Breakfast For Lunch!**

French Toast Sticks w/ Syrup  
 Turkey Sausage Patty  
 Breakfast Potatoes  
 Organic Seasonal Fresh Fruit  
 V: Veggie Sausage Patty

Crispy Chicken Sandwich  
 Organic Mixed Vegetables  
 Veggie Baked Beans  
 Organic Seasonal Fresh Fruit  
 V: Veggie "Chicken" Sandwich

Mini Turkey Corndogs  
 Organic Sweet Peas  
 Scalloped Potatoes  
 Organic Seasonal Fresh Fruit  
 V: Veggie Nuggets

Oven Baked Cheese Pizza  
 Organic Green Beans  
 Cinnamon Baked Apples

**SIGN UP NOW TO ORDER SCHOOL LUNCHES!**

**WWW.LUNCHDIRECT.COM**

**SCHOOL CODE: 125350**



### Daily Alternate Menu Choices:

Turkey & Cheddar Hoagie Box Lunch - Baked Chicken Tenders - All Beef Hot Dog  
 Beef Cheeseburger - Cheesy Chicken & Broccoli Rice Casserole - Grilled Cheese

\*All menu items are subject to change without notice due to availability, freshness, and quality of ingredients\*